

# Middle School Sports Schedule 2023 – 2024

## **Cross Country - Ricardo Cordero & Kyria DiPietro**

Pre-Season Coaches Meeting Wednesday, September 20 at Central at 3:00 p.m  
Practice Begins Week of September 18th  
Practice Meet Thursday, September 28, 2023  
Meets Thursdays, October 5, 2023 & October 12, 2023  
City Meet Thursday, October 19, 2023 (Rain Date: Oct. 26th)

## **Tennis – Dominique Lucier**

Pre-Season Coaches Meeting Wednesday, September 20 at Central at 3:00 p.m  
Practice Begins Week of September 25th  
City Meet Saturday, October 28, 2023 - 9:00AM @ QHS (Rain Date: Nov. 4)

## **Volleyball - Chris McBride & Dominique Lucier**

Pre-Season Coaches Meeting Tuesday, October 24, 2023  
Tryouts Week of October 30th  
Practice Begins Week of November 6, 2023  
City Playoffs Saturday, December 16, 2023 (@ QHS GYM)  
JV City Meet Monday, December 11, 2023 (@ NQHS GYM)

## **Wrestling – Mario Venturelli**

Practice Begins Week of January 8th, 2024 (Mon. & Wed., 5-7PM @ QHS GYM)  
City Meet Monday, February 12, 2024

## **Swimming - Kyria DiPietro**

Pre-Season Coaches Meeting Tuesday, February 6, 2024  
Practice Begins Week of February 12, 2024  
City Meet Saturday, March 23, 2024

## **Track & Field - Joe MacRitchie & Ricardo Cordero**

Pre-Season Coaches Meeting Thursday, March 28, 2024  
Practice Begins Week of April 8th  
Practice Meet Thursday, April 25, 2024  
Meets Thursdays, May 2, 2024 & May 9, 2024  
City Meet Thursday, May 16, 2024